

February 2020

Issue 62

Hello Friends,

I hope everyone had a wonderful Christmas and Happy New Year. February is going to be a very busy month at the Senior Center. We have craft projects and a new class where you can improve your memory and have fun doing it. We still have our exercise program, and all of our regular activities.

More information is inside this newsletter.

Have a great February and we hope you visit us very soon.

Barb

Brrrr its cold outside! The Polo Senior will be closed when;

***Temperature is Zero or below this includes wind chill**

***Closed anytime the Polo Schools are closed**

***Check WIFR 107.7 Radio, WREX Channel 13 TV, Face Book: Polo Senior Center**

***Or call the Senior Center if no one answers the phone by 9:00am we are closed.**

Movie Day will be on Monday February 3rd at 12:00 we will be serving Root Beer Floats & Popcorn. Our feature this month is Guarding Tess a comedy starring Shirley MacLain and Nicolas Cage. What do you do with a former First Lady who's unpredictable, ornery and impossible to please? Plan on coming everyone is invited members and non-members. If wish to give a donation you may. Please call the Senior Center and let us know you will be joining us. 815-946-3818

Graying Gracefully with Pastor Brian LeBaron will meet twice a month and always on Tuesday afternoons February classes are scheduled for Tuesday February 4th and Tuesday February 18th all classes start at 12:30. Sub Sandwiches will be served for a donation. If you have not been to any of his classes please come. Please sign up for these classes I need to know how many Sub Sandwiches to order come to the Senior Center to sign up or call 815-946-3818. Please if you have signed up and cannot make it please call the Senior Center. This class is for members as well the public. If you want more information please call the Polo Senior Center.

Brain Wits Class -We are starting a new class and it is free to anyone who would like to join us. Members and Non-Members are welcome. The class is for men & woman regardless of age. We will have lots fun and at the same time exercise our brains. Kathy LeBaron will be our instructor; Kathy is a lot of fun, and she comes from a medical background where she worked as RN. We will meet bi-weekly and we will always meet on Mondays. All classes will start at 10:00am and will end at 11:00am. Our first class will be on Monday February 10th this will be our first class; and again on Monday February 24th. Sign up is required for the classes please call the Senior Center or stop in to sign up. The Senior Center phone number is 815-946-3818.

Board Members

Randy Hayes - Chair

Betty Bleistein - Vice Chair

Connie O'Brien-Secretary

Donna Hayes-Treasurer

General Board

Kathy Cox Irene Attig

Wayne Haan Evelyn Meyer

Cheryl Garkey

Barb Burke-Director

Have you paid your membership dues? Please if you are a member and want to continue please send a \$20.00 check or stop in, we would love to see you! If you are not a member and would like to join please contact us or stop in. 815-946-3818 Your Senior Center Needs Your Support.

PLEASE LET US KNOW IF YOU HAVE MOVED SO WE CAN UPDATE OUR MEMBERSHIP RECORDS! IT COSTS THE SENIOR CENTER .60 CENTS FOR EVERY RETURNED NEWSLETTER.

**Every Friday
Donuts or Special Treat**



**Every Wednesday
we have popcorn**



Activities and Programs We Offer

Games

Every Wednesday we play 500 at 12:00pm

Every Thursday we play Mexican Train at 12:00pm

Every Thursday we play Euchre at 12:00pm

Every Friday we play Bridge at 12:00pm

Everyone is invited to play any of these games. If you don't know how to play we will teach you!

FIT FOR LIFE EXERCISE CLASS Tuesday & Thursday is Exercise Day! "Fit for Life", the exercises are low-impact that combines slow movements with music to improve; balance, strength, flexibility and over all physical health. Class meets every Tuesday & Thursday from 9:00 - 10:00am. Classes are for men & women of any age. Our class instructor is Cher Weegens. Please before taking part in any type of fitness class, check with your doctor. Pay \$20.00 for every 9 sessions you attend. This means if you are not able to come to class you will not be charged for your missed session. You will not have to pay for exercise class again until you have used all of your 9 sessions then after the 9th session you will pay another \$20.00. If any members want to take part and can't afford please see Barb

Senior Health Insurance Program Turning 65? With all the information you receive in the mail about which Medicare D Plan to take, or which supplemental, it is all very confusing and can drive you crazy. If you are about to turn 65 and have questions regarding what to do, our SHIP Counselors; Donna & Randy Hayes and Darlene Shafer can help you! Call 815-946-3818 for an appointment.

DISCOUNT ON YOUR LICENSE PLATES If you qualify, you can apply for the Benefits Access Program, (formerly Circuit Breaker) and receive a discount on your license plate sticker. The income guidelines are for 1 is \$33,562 and for 2 is \$44,533 a year. The age requirement is 65 or disabled. Call the Senior Center today to make your appointment we do the discounts on Monday or Friday afternoons. You must make an appointment, **NO WALK INS** 815-946-3818.

Income TAX Our AARP Tax-Aide Counselors will be at the Polo Senior Center Friday March 6th, Friday March 13th and Friday March 27th if needed. Appointments will start at 12:00 and last appointment 3:00pm. You must call the Senior Center to make an appointment. We will not take walk-ins. Please be sure you have all of your documents before your tax appointment.

In addition to the usual W-2 and 1099 forms, there will be a new tax form 1095 -A, B or C (Affordable Health Care Statements) that will be sent to taxpayers who purchased health care coverage through the Illinois Marketplace. Please watch for health care insurance information on your W-2, SSA-1099 or the new 1095 forms. Tax payers are reminded to bring a copy of last year's returns (for each of the above); at least one picture ID for themselves and each dependent (such as a driver's license, passport etc.) Social Security cards for the entire household; income statements; and other official documentation for household members that apply to the year of 2016.

These representatives will NOT be able to complete your return if you have a business, farm, partnership or rental property or need to file a return from another state (but will file a return if it is winnings from gambling in another state).

Even if you have not had to file income tax in prior years please call and make an appointment for our preparers to evaluate your individual situation. Remember this service is free of charge. Questions or to schedule your appointment call the Senior Center at 815-946-3818.

We know our seniors are on a limited budget. If you would like to take part in any of our activities, crafts, potlucks, exercise class or any other activity and do not have the funds please, please, let Barb know confidentially.

STAY IN TOUCH Are you on Facebook? The Polo Sr. Center now has our own Facebook page. Get the latest updates of what's happening. Search by Polo Senior Center look for the images of the building and senior center sign. Big thanks to Karen Digby for creating and updating our page.

Activities and Programs We Offer

Friday February 14th Valentine's Day join us at 10:00am for Ice Cream Sundae's. We will not serve rolls or donuts on this day.



Saturday February 15th starting at 12:30pm Tina Buck will be instructing a button art class on wood. Come into the Senior Center to see the samples. All supplies will be provided for you EXCEPT the buttons you will need approximately 60 – 70 buttons of all sizes. The class fee for members is \$20.00 and non-members \$35.00 class is for adults of any age. Please no children. Remember members if you would like to take this class but cannot afford it please let Barb know. You must pre-register for this class by Monday February 10th. Call Barb at 815-946-3818.



Bottle Craft on Monday February 17th at 10:00am. We will teach you how to dress an empty wine bottle. A very easy class. We will have all the supplies unless you want jewelry on your bottles these you will have to bring from your collection. This craft will delight your daughters, daughter in laws and older grandchildren. Bottle art is lots of fun to do. We have samples at the Senior Center. Members cost \$6.00 Non-Members \$12.00. You must register for this class by Monday February 10th. We have samples at the Senior Center come & see. Remember members if would like to take this class but cannot afford see Barb or call her at 815-946-3818

Wednesday February 19th Birthday & Bingo starting 10:30 and Lunch at 11:30: We will be serving Chicken Casserole, Chocolate Cake and Ice Cream. Sign Up today. Don't forget February birthdays eat for free. Everyone else \$6.00 donation if you cannot afford the \$6.00 just let us know. We want everyone to come regardless of income. Come and talk to Barb confidentially if you cannot afford to come or give her a call 815-946-3818.

Game Night Friday February 21st at 6:30pm Come play with us and learn new card games. Come and join in the fun. We will be playing, Phase 10, Euchre and Hand & Foot. The evening is for adults only. We take up donations and order Pizza. Please bring your own pop or water, coffee is furnished.

Pass Potluck Tuesday February 25 starting at 11:00am this month speaker is Chief Joh Mandrel he talking will be talking about all the SCAMS you are faced with on a daily basis. Please join us everyone is invited members & non-members bring a dish to pass and your own place service.

Line Dancing Do you like to dance? Have you always wanted to learn how to line dance? Here is your opportunity. Our line dancing group is looking for more dancers. Do not worry if you do not know how our instructor will help you learn. Class meets every Tuesday morning at 10:30am except the 4th Tuesday of the month we do not have class. This class is for men or women. Come and join us it's fun and great exercise, the classes are free and are open to members as well non-members. For more information call the Sr. Center at 815-946-3818

January Donations: Thank you for your support.

Richard & Irene Attig, Anne Vock, Mryna Nelson, Marian Wolf, Margret Wolf and Alice Pope

NOTICE: Do you play Bridge or would you like to learn? If you would be interested in taking a Bridge course from a Certified Bridge instructor trained in Las Vegas. Please call the Senior Center 815-946-3818 as soon as possible.

EXTENDED TRAVEL OPPORTUNITIES:

OHIO ISLAND HOPPIN FEATURING KELLY ISLAND & PUT-IN – BAY;

This is a 4 days and 3 nights trip June Monday 22 through Thursday 25, 2020. Package includes 3 night lodging, 3 Breakfasts, 1 Deli-Style Lunch, 3 Full course dinners, Island Hoppin 'Cruise on Lake Erie,, Visit Kelly Island, Tram Tour on Put-In-Bay, African Safari wildlife Park Tour, Perry's Victory & International Peace Memorial, Merry-Go-Round Museum & Carousel Ride, Antique Car Museum, Butterfly House, Maritime Museum of Sandusky, all luggage handling, taxes & meals gratuities and Motor coach transportation.

\$620.00 per person Double Occupancy, Triple Occupancy \$610.00 per person and Single Occupancy \$828.00. Deposit due at sign up of \$75.00 final payment due Thursday April 16th. If you are interested in this trip and want more information or to reserve your seat call the Polo Senior Center at 815-946-3818 or Barb at 815-238-8645

See Back of calendar for more travel opportunities!!!

Polo Area Senior Services, Inc. #15

101 East Mason Street

Polo, IL 61064

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POLO, IL 61064

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